Self-Help for the Elderly
安老自助處

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Intergenerational Program

The Intergenerational Program brings older adults and/or adults with disabilities together with another generation through regularly planned activities and joint engagements. Eligible youth volunteers are paired with senior participants in meaningful activities to promote digital and technology learning and cross-cultural exchange sessions so that both generations benefit from the program participation. Upon program completion, youth volunteers are invited to attend a graduation ceremony with gifts as a token of appreciation.

Eligibility:

To be eligible for intergenerational program services, participants must be

1. An older adult aged 60 years or older, or
2. An adult with disabilities, aged 18-59, and
3. A San Francisco resident

Program Sites:

- 601 Jackson Street, 2nd Floor, San Francisco, CA 94133
- 1483 Mason Street, San Francisco, CA 94133
- 5050 Mission Street, Suite C, San Francisco, CA 94112
- 3133 Taraval Street, San Francisco, CA 94116

For registration and program inquiries, including volunteer signups, please contact **415-677-7648**.

Intergenerational Program Schedule

Call for Volunteers Flyer in English

Call for Volunteers Flyer in Chinese

SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability and Aging Services

The program is administered by Self-Help for the Elderly – Social Services Department and funded by the Department of Disability and Aging Services.

Connect With Us

1.1K
Like
Share

Stay connected with Self-Help for the Elderly through social media! Connect with us and we will keep you up-to-date about our events, services, and our senior's social activities!

Yelp Review

review us on yelp

Have our services made a positive impact on the life of an elder close to you? Have we provided you with a friendly cleaning service? We would love to hear about it, leave us a review!

Contact us

We have many opportunities for you to be involved with Self-Help for the Elderly! Whether it's volunteering at an event or hiring our cleaning services, give us a call to learn more.

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Self-Help for the Elderly is a nonprofit organization with 501(c)(3) tax exemption status. Federal Tax ID #94-1750717.

AREAS: **Chinatown** | **Daly City** | **Marina District** | **Mission District** | **Nob Hill** | **Noe Valley** | **Oakland** | **Pacific Heights** | **Richmond District** | **San Francisco** | **San Jose** | **San Mateo** | **Sunset District**

SERVICES: **Adult Day Care** | **Assisted Living** | **Assisted Living Facilities** | **Caregivers** | **Caregiving** | **Commercial Cleaning Services** | **Elder Care Services** | **Elderly Care** | **Home Care Assistance** | **Home Health Care** | **Hospice Care** | **House Cleaning Services** | **Housekeeping Jobs** | **In-Home Care** | **Independent Living** | **Job Training Programs** | **Senior Care** | **Senior Housing** | **Social Services**