Intergenerational Programs

Starting Spring 2025, we are pleased to introduce three new intergenerational programs at our six of our community centers! These initiatives aim to foster connections between different age groups while promoting creativity, healthy living, and social interaction.

Each of these programs is designed to foster connections across generations, creating shared experiences that enrich both young and older participants. Join us in these exciting opportunities to connect, learn, and grow together, creating memories that last a lifetime.

Paint and Pastries (PDF)

Paint and Pastries is a warm and welcoming program that brings community members of all ages together to create, connect, and enjoy sweet treats. Each session invites participants to explore a unique artistic theme, introducing a variety of mediums—from watercolor and collage to canvas paintings and mixed media—designed to spark creativity and curiosity.Whether you're an experienced artist or just beginning your creative journey, Paint and Pastries offers a relaxed, supportive environment where learning is shared across generations. While hands stay busy with brushes and pastels, conversations flow naturally, fostering connection, storytelling, and laughter over pastries and refreshments. This rotating series ensures every gathering is a fresh, exciting experience, making art accessible, enjoyable, and meaningful for everyone.

Eats, Treats, and Healthy Drinks (PDF)

Get ready to mix, blend, bake, and taste! Eats, Treats, and Healthy Drinks is a deliciously interactive program where participants of all ages come together to explore easy and fun ways to cook and create. From fruity smoothies and fresh salads to savory sliders, fried desserts, and cultural comfort foods, each session focuses on simple recipes that pack big flavor and health-conscious benefits. This program is for all skill levels, if you’re a seasoned home cook or a curious beginner, you'll walk away with new skills, tasty creations, and maybe even a new family favorite recipe!

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Smart Play Social (PDF)

Learning new things is a great way to keep your mind sharp at any age. Smart Play Social bridges the technological gap and opens a dialogue of learning and teaching, where both the young and the young-at-heart can exchange knowledge and laughter.

Growing Together

Dig into creativity and community with our Growing Together gardening series! Participants will get their hands dirty planting seeds and nurturing live plants while learning gardening basics and sustainable growing techniques. While some take-home planting projects will be available, the heart of the program lies in the shared garden planters at each site—designed to grow over time and bring everyone back to check in, care, and harvest together. This ongoing activity is a wonderful way to connect with nature, beautify our shared spaces, and cultivate something meaningful as a community.

Grandparents' Day Celebration

Celebrate the special bond between generations at our **Grandparents Day Celebration** on **Saturday, September 6, 2025**, from **1:00 PM to 5:00 PM** at **Perris Hill Senior Center & Park**. This free, family-friendly event is packed with fun and excitement for all ages. Guests can enjoy a free lunch (registration required), live music, karaoke, and dancing, as well as bingo, games, and prizes that will keep everyone entertained. The afternoon will also feature arts and craft activities, a hands-on cooking class, and a lively eating contest for those up for the challenge. Families will love the jumpers and water activities for the kids, while community members can explore helpful local resources available on-site. Whether you're a grandparent, grandchild, or just looking to celebrate the joy of family, join us for a day full of laughter, love, and unforgettable memories.

Full schedule and registration is available online at www.sanbernardino.gov/classes or visit your local community center today!

For more information, please call (909) 998-2750.

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